

Cara Brookins - Bio

Cara Brookins is best known as the mom who built her own house with her kids using Youtube Tutorials. With her eager construction crew consisting of her four young children, Brookins laid the block, framed the walls, and even ran the plumbing and gas lines for her two-story house. She shared her story in her #1 best-selling memoir *Rise: How a House Built a Family*.

Now an international speaker and author, Cara's incredible story went viral amassing more than two billion views in over 100 countries. Media outlets including The New York Times, The Today Show, Ripley's Believe It or Not, NBC, CBS News and CNN have featured Cara's compelling journey, and it's been optioned for film, television, and reality television.